

## Victim Support Services

### The Violence Intervention Program (VIP)

supports primary and secondary victims of domestic violence, sexual assault, and violent crimes. Supports include a 24-hour hotline, individual and group counseling, one-on-one accompaniment and advocacy at police stations, courts, and hospitals, and help in completing crime victim compensation claims. All services are free and confidential.

**Emergency Shelter** is available to victims seeking to leave an unsafe, abusive situation. The safe house is staffed 24 hours a day, 7 days a week and is wheelchair accessible.

**Transitional Housing** offers short-term housing assistance and supportive services for victims of violence who are homeless due to fleeing an abusive situation. Assistance is provided to establish new housing.

**Education** is available to primary and secondary schools, colleges, businesses, and community groups upon request. Specialized training is available for law enforcement and court personnel. VIP also coordinates volunteer training.

☎ 607.433.8038      ✉ vip@ofoinc.org

## 24-Hour Victim Hotline

**607.432.4855**

## Emergency Housing Services

**Emergency Shelter** is available to homeless Otsego County residents. Eligible families may stay at the homeless shelter up to 90-days while they look for new, permanent housing. Temporary housing is also available at area motels on a case-by-case basis. *Opportunity House is a family-only shelter. Unsheltered individuals may call the 24-hour hotline or talk to staff at the walk-up window for assistance.*

☎ 607.433.8335

**Rental Assistance** is available to Otsego County households who are homeless or at risk of being evicted. Eligible applicants may qualify for rental assistance to maintain or obtain permanent housing.

☎ 607.433.8335

## 24-Hour Housing Hotline

**607.433.8318**



3 West Broadway  
Oneonta, NY 13820

www.ofoinc.org

Facebook: facebook.com/ofoinc

Instagram: instagram.com/opportunitiesfortotsego

Eligible persons are welcome to engage in and access program supports regardless of race, creed, color, national origin, citizenship or immigration status, sexual orientation, military status, sex, disability, age or marital status,

# Opportunities for Otsego



## Helping People. Changing Lives.

The leader in developing innovative solutions that promote healthy lives, thriving families, and caring communities.

For more information contact OFO at:

607.433.8000  
D/HH/DB Relay- 711

Monday – Friday  
8:00AM - 5:00PM

Language Interpretation  
Services Available



Opportunities  
FOR OTSEGO

## Support for New Parents

**Building Healthy Families** supports pregnant women and families with newborns with the changes and challenges of parenting by providing information, activities, and resources. BHF offers ongoing home visiting to support parent-child bonding, healthy child development, and the achievement of family goals. Services may continue until the child enrolls in Kindergarten.

☎ 607.433.8024    ✉ bhf@ofoinc.org

**Early Head Start** home-based program supports pregnant people and families with children under 3 years old through weekly home visits and parent groups. The program teaches parents how to foster their child's overall development and connects families to community resources.

☎ 607.433.8055    🌐 ofoinc.org/hsapply

## Early Childhood Education

**Early Head Start** center-based programming is available in Oneonta for toddlers, ages 18 months to 3 years old. The program provides 12-month, full day, early learning, care and enrichment experiences to children and supports families through connections to community resources.

☎ 607.433.8055    🌐 ofoinc.org/hsapply

**Head Start** provides 10-month, full and part day, center-based education for children ages 3 to 5 and introduces kids to reading, math, music, art, group experiences, along with social emotional development. Head Start also supports connections with families to school districts, health care and supportive community services. Centers located in various communities across Otsego County. Home-based Head Start option also available.

☎ 607.433.8055    🌐 ofoinc.org/hsapply

**Universal Pre-Kindergarten (UPK)** helps children develop early reading, math, and social-emotional skills so they are better prepared for kindergarten. The program is open to any 4 year old child living in the Oneonta City School District. No income-eligibility requirements. Contact the Oneonta City School District at 607.433.8273 or OFO

☎ 607.433.8055    🌐 ofoinc.org/hsapply

## Employment Support

**Wheels to Work** offers financial assistance to eligible households so they may make necessary vehicle repairs, obtain gas cards, and pay select DMV fees and car insurance premiums so adults can get to and from work or job training programs. Applicants must live in Otsego County.

☎ 607.433.8335

## Food & Nutrition Assistance

**WIC** provides monthly food benefits to eligible pregnant women, post-partum women, and families with children up to age 5. The program also offers extra support to breast feeding mothers, nutrition education, and referrals to community services. Fathers, grandfathers, foster parents, or other caregivers may apply on behalf of children under age five who are in their care.

☎ 607.433.8071    ✉ wic@ofoinc.org

## Home Heating Assistance

**Emergency Utilities** offers support to households in a utility crisis that are not eligible for financial assistance through other sources. Payments available to avoid or restore a utility shut-off, deliver heating fuel/propane, or cooking fuel. This resources is available to households enrolled in program services.



## Housing & Energy Conservation

**Energy Opportunities** promotes energy conservation and energy efficiency by completing home energy assessments and installing energy savings devices (e.g., air sealing, lighting, energy star refrigerators). Financial assistance available to eligible households to make recommended repairs. No income-eligibility requirements. Blower Door Testing available for fee-for-service.

☎ 607.433.0444 Ext. 1    ✉ energyservices@ofoinc.org

**Weatherization** assists income-eligible households in optimizing their home heating and cooling usage by installing energy efficient devices. Services based on need, but may include weather-stripping, insulation. Serving households in Otsego and Chenengo Counties.

☎ 607.433.0444 Ext. 1    ✉ energyservices@ofoinc.org

## Additional Supports

**Community Advocate** is available to make referrals, advocate, and coordinate services for low-income families and individuals in Otsego County.

☎ 607.433.8005

**Health Insurance Navigator** offers one-on-one assistance to help individuals/families enroll in health insurance options through the New York State Health Plan Marketplace. A representative from Fidelis Care is on-site in Oneonta the 3rd Tuesday each month from 9 AM-Noon. Appointments preferred. Walk-ins welcome. Call to request an appointment.

☎ 315.466.9567

**Satellite Offices** are available across Otsego County to best serve the needs of rural families:

- **WIC** Outreach Clinics are scheduled monthly in Cherry Valley, Cooperstown, and Richfield Springs.
- The **Violence Intervention Program** offers services and resources through offices at the Otsego County Family Court Building, Hartwick College, and SUNY Oneonta.
- **Head Start** offers center-based early childhood education services in Cooperstown, Morris, Oneonta, Richfield Springs, Scheneyus, and Unadilla.