Income and Expense Worksheet

Source	Expected per month	Actual per month
After-tax wages	Expected per month	Actual per month
After-tax wages from spouse or other household		
member		
Tips, bonuses, cash from hobbies		
Unemployment compensation		
Social Security or Supplemental Social Security		
Public Assistance		
Child Support		
Food Stamps		
Other:		
Total Monthly Income		
Step 2: List Expenses		
Source	Expected per month	Actual per month
Saving for emergencies	•	•
Savings for other goals		
Rent/mortgage payment		
Utilities		
Cell phone (all features)		
Home maintenance		
Groceries (could be offset by WIC benefits)		
Car payment, gasoline		
Public transportation		
Insurance (car, homeowner's, life, health (if not		
deducted directly from wages))		
Tuition or school-related fees		
Childcare		
Child support, alimony, spousal support		
Union dues		
Pet expenses		
Credit cards		
Clothes/uniforms		
Snacks/meals eaten out		
Personal (toiletries, hair, nails, etc.)		
Entertainment (movies, streaming services, etc.)		
Charitable donations		
Other:		
Total Monthly Expenses		
Step 3: Compare Expected Income and Expense	S	
Expected monthly income	\$	
(minus) expected monthly expenses	-\$	
Step 4: Excess/Shortfall	\$	

