

Support for Parents

Building Healthy Families supports pregnant women and families with newborns with the changes and challenges of parenting by providing information, activities, and resources. BHF offers ongoing home visiting to support parent-child bonding, healthy child development, and the achievement of family goals. Services may continue until the child enrolls in Kindergarten. Contact: 607.433.0444 extension 2.

Early Head Start home-based program supports pregnant women and families with children under 3 years old through weekly home visits and parent groups. The program teaches parents how to foster their child's overall development and connects families to community resources. Contact: 607.433.8055.

Early Childhood Education

Early Head Start center-based programming is available in Oneonta for toddlers, ages 18 months to 3 years old. The program provides early learning, care and enrichment experiences to children and supports families through connections to community resources. Contact: 607.433.8055.

Head Start provides center-based education for children ages 3 to 5 and introduces kids to reading, math, music, art, and group experiences. Head Start also connects families to health care and supportive community services. Centers are located in various communities throughout Otsego County. Contact: 607.433.8055.

Universal Pre-Kindergarten (UPK) helps children develop early reading and math skills so they are better prepared for kindergarten. The program is open to any 4 year old child living in the Oneonta School District. No income-eligibility requirements. Contact OFO at 607.433.8055 or the Oneonta City School District at 607.433.8273.

Bridges to Kindergarten supports children and families as they transition from Head Start to public school. School-based and home-based services for families living in the Oneonta City School District. Contact: 607.433.8005.

Employment Support

Wheels to Work helps eligible households purchase a reliable vehicle or make needed car repairs so adults can get to and from work or job training programs. Contact: 607.433.8335.

Food & Nutrition Assistance

WIC provides monthly food benefits to eligible pregnant women, post-partum women, and families with children up to age 5. The program also offers extra support to breast feeding mothers, nutrition education, and referrals to community services. Fathers, grandfathers, foster parents, or other caregivers may apply on behalf of children under age five who are in their care. Contact: 607.433.8071.

Home Heating Assistance

Emergency Utilities offers support to households in a utility crisis that are not eligible for financial assistance through other sources. Payments available to avoid or restore a utility shut-off, deliver heating fuel/propane, or cooking fuel. Contact: 607.433.0444 extension 1.

Housing & Energy Conservation

Energy Opportunities promotes energy conservation and energy efficiency by completing home energy assessments and installing energy savings devices (e.g., air sealing, furnace repair/replacement, lighting, energy star appliances). Financial assistance available to eligible households to make recommended repairs. No income-eligibility requirements. Contact: 607.433.0444 extension 1.

Weatherization assists income-eligible households in optimizing their home heating and cooling usage by installing energy efficient devices. Services based on need, but may include weather-stripping, testing/cleaning heating systems, insulation, and replacement of windows or doors. Serving households in Otsego and Chenango Counties. Contact: 607.433.0444 extension 1.

Additional Supports

Community Advocate is available to make referrals, advocate, and coordinate services for low-income individuals in Otsego County. Contact: 607.433.8005 or 607.433.8000.

Health Insurance Navigators offer one-on-one assistance to help families enroll in health insurance options through the New York State Health Plan Marketplace. Contact Mothers & Babies Perinatal Network to request an appointment in Oneonta: 800.231.0744.



Victim Support Services

The Violence Intervention Program (VIP) supports primary and secondary victims of domestic violence, sexual assault, and violent crimes. Services include a 24-hour hotline, individual and group counseling, one-on-one support at police stations, courts, and hospitals, and help in completing crime victim compensation claims. All services are free and confidential. Contact: 607.433.8038

Emergency Shelter is available to victims seeking to leave an unsafe, abusive situation. The safe house is staffed 24 hours a day, 7 days a week and is wheelchair accessible. Contact: 607.432.4855 (24/7).

Transitional Housing offers short-term housing assistance and supportive services for victims of violence who are homeless due to fleeing an abusive situation. Assistance is provided to establish new housing. Contact: 607.433.8038.

Education is available to primary and secondary schools, colleges, businesses, and community groups upon request. Specialized training is available for law enforcement and court personnel. VIP also coordinates volunteer training. Contact: 607.433.8038.

24-Hour Victim Hotline (voice/TTY)
607.432.4855

Emergency Housing Services

Emergency Shelter is available to homeless residents of Otsego County. Eligible individuals and families may stay at the homeless shelter up to 90-days while they look for new, permanent housing. Temporary housing is also available at area motels on a case-by-case basis. Contact: 607.433.8335.

Rental Assistance is available to eligible Otsego County households at risk of being evicted. Applicants may qualify for rental assistance to maintain their permanent housing. Contact: 607.433.8335

24-Hour Housing Hotline
607.433.8318



3 West Broadway
Oneonta, NY 13820
www.ofoinc.org
www.facebook.com/ofoinc

All services are available to eligible persons regardless of race, ethnicity, religion, language, ability, or sexual orientation.

Opportunities for Otsego



607.433.8000 | 800.986.5463

The leader in developing innovative solutions that promote healthy lives, thriving families, and caring communities.

For more information contact OFO at:

**607.433.8000 or
800.986.5463**

Monday – Friday
8:00 AM – 5:00 PM

