



NEWS RELEASE

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Community Baby Shower

Oneonta, NY – April 1, 2015

The Building Healthy Families program at Opportunities for Otsego is holding their third annual Community Baby Shower on Saturday, April 18 from 9:00AM to noon at FoxCare Center in Oneonta. This free event offers pregnant and new parents the opportunity to gain valuable information on pregnancy, birth, breastfeeding, fatherhood, babies, and beyond.

Area medical professionals, human service agencies, child development specialists, and parenting support services will be on hand to answer questions, and provide perinatal education, resources, and referrals. Attendees will also have the opportunity to learn infant CPR from the American Heart Association and the chance to win attractive door prizes.

The Annual Community Baby Shower continues the tradition of the A.O. Fox Hospital Birth Fair that the hospital coordinated in previous years.

The 2015 Community Baby Shower is sponsored by Opportunities for Otsego, A.O. Fox Maternity, Bassett Healthcare Birthing Center, the New York State Parenting Education Partnership, and Five Star Subaru.

For more information on Building Healthy Families and the programs of Opportunities for Otsego, visit www.ofoinc.org or call 607.433.8000 or 800.986.5463.

About Opportunities for Otsego – OFO is a Community Action Agency that has been fighting the "War on Poverty" in Otsego County since 1966. The agency strives to alleviate poverty and fosters self-sufficiency through comprehensive and holistic client-centered services. OFO's mission is to be the leader in developing innovative solutions that promote healthy lives, thriving families, and caring communities.

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