

Domestic Violence and Sexual Assault Support

The **Violence Intervention Program (VIP)** supports primary and secondary victims of domestic violence, sexual assault, and violent crimes. Services include a 24-hour hotline, individual and group counseling, one-on-one support at police stations, courts, and hospitals, and help in completing crime victim compensation claims. All services are free and confidential.

Emergency Shelter is available to victims needing to leave an abusive situation. The safe house is staffed 24-hours a day, 7 days a week and is handicap accessible.

Education is available to primary and secondary schools, college students, businesses, and community groups upon request. VIP also coordinates volunteer training.

24-Hour Victim Hotline (voice/TTY)
607.432.4855

Homeless & Housing Services

Emergency Shelter is available to homeless residents of Otsego County. Individuals and families may stay at the homeless shelter up to 90-days while they look for new, permanent housing. Temporary housing is also available at area motels on a case-by-case basis. Contact: 607.433.8335.

Rent and Mortgage Assistance is available to households that are at risk of being evicted or need extra support to get into better housing. Applicants may qualify for payment of back rent/mortgage, first months rent, security deposits, and/or housing application fees. Contact: 607.433.8335

Support Services are available to help homeless and at-risk households find and keep permanent housing. Services include housing location assistance, help in talking to landlords, connecting with community resources, legal assistance, and more. Contact: 607.433.8335.

24-Hour Housing Hotline
607.433.8318



3 West Broadway
Oneonta, NY 13820
www.ofoinc.org
www.facebook.com/ofoinc

All services are available to eligible persons regardless of race, ethnicity, religion, language, ability, or sexual orientation.

Opportunities for Otsego



607.433.8000 | 800.986.5463

The leader in developing innovative solutions that promote healthy lives, thriving families, and caring communities.

For more information contact OFO at:

**607.433.8000 or
800.986.5463**

Monday – Friday
8:00 AM – 5:00 PM



Support for Parents

Building Healthy Families supports pregnant women and families with children under 3 months old reduce the stress of parenting through referrals to community programs. The program also offers ongoing home visiting to promote healthy parent-child bonding, child development, and the achievement of family goals. Contact: 607.433.0444.

Early Head Start home-based program supports pregnant women and families with children under 3 years old through weekly home visits and parent groups. The program teaches parents how to foster their child's overall development and connects families to community resources. Contact: 607.433.8055.

Pre-School Education

Early Head Start center-based programming is available in Oneonta for toddlers, ages 18 months to 3 years old. The program provides early learning, care and enrichment experiences to children and supports families through connections to community resources. Contact: 607.433.8055.

Head Start provides center-based education for children ages 3 to 5 and introduces kids to reading, math, music, art, and group experiences. Head Start also connects families to health care and supportive community services. Centers are located in various communities throughout Otsego County. Contact: 607.433.8055.

Universal Pre-Kindergarten (UPK) helps children develop early reading and math skills so they are better prepared for kindergarten. The program is open to any 4 year old child living in the Oneonta School District. No income-eligibility requirements. Contact OFO at 607.433.8055 or the Oneonta City School District at 607.433.8273.

Child Care

The Children's Center offers drop-in day care for children 6 weeks to 12 years of age whose caregivers have business at the Otsego County Court complex in Cooperstown. The Center is open Monday through Friday from 9:00 AM - 4:00PM. Contact: 607.547.6426.

Employment Support

Wheels to Work helps eligible households purchase a reliable vehicle or make needed car repairs so adults can get to and from work or job training programs. Contact: 607.433.8335.

Food & Nutrition Assistance

WIC distributes monthly food vouchers to eligible pregnant women, post-partum women, and families with children up to age 5. The program also offers extra support to breast feeding mothers, nutrition education, and referrals to community services. Contact: 607.433.8071.

Holiday Baskets distributes food vouchers to families in need each December. Applications are available through OFO program staff. Contact: 607.433.8000.

Home Heating Assistance

HEAP helps income-eligible households by subsidizing their annual electricity, propane, natural gas, wood, oil, kerosene, coal, or other heating fuels. HEAP season typically runs November through April. Contact: 607.433.8061.

Emergency Utilities offers support to households in a utility crisis that are not eligible for financial assistance through other sources. Payments available to avoid or restore a utility shut-off, deliver heating fuel/propane, or cooking fuel. Contact: 607.433.8058.

Energy Conservation

Weatherization assists income-eligible households in optimizing their home heating and cooling usage by installing energy efficient devices. Services based on need, but may include weather-stripping, testing/cleaning heating systems, insulation, and replacement of windows or doors. Contact: 607.433.0444.

Energy Opportunities promotes energy conservation and energy efficiency by completing home energy assessments and installing energy savings devices (e.g., air sealing, furnace repair/replacement, lighting, energy star appliances). Financial assistance available to eligible households to make recommended repairs. No income-eligibility requirements. Contact: 607.433.0444.

Additional Services

First Time Homebuyers Program is administered in partnership with The City of Oneonta. The program offers financial assistance and support to low-income families to purchase and make repairs to their first home. Applicants must purchase a home within the City of Oneonta and be able to secure a mortgage. Funds are available on a first-approved, first-serve basis. Contact: 607.433.8000.

Health Insurance Navigators offer one-on-one assistance to help families enroll in health insurance. Through the Navigator, families can learn about health insurance options through the New York State Health Plan Marketplace, determine eligibility for free or discounted health insurance, and enroll in a health insurance plan. Contact Mothers & Babies Perinatal Network to request an appointment in Oneonta: 800.231.0744.

