

TCC HAPPENINGS



Fall 2018

Breakfast Baked Apple

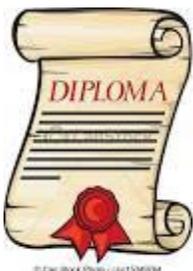
- 2 cups old-fashioned oats
- 3 cups water
- 2 tablespoons maple syrup
- 1 tablespoon ground cinnamon
- 4 large baking apples, tops sliced and cored
- Dried cranberries (optional)
- Chopped pecans (optional)



1. Preheat oven to 400°.
2. Combine oatmeal and water over medium-low heat.
3. Stir occasionally until creamy.
4. Stir in maple syrup and ground cinnamon.
5. Let cool slightly.
6. Place apples in a glass baking dish.
7. Spoon in oatmeal.
8. Bake about 35 minutes, until apples are soft and bubbly.
9. Sprinkle with cranberries and pecans, if desired.

Back to School for Parents

Now that your children are back in school, this is a great time to earn your High School Equivalency Diploma. The Oneonta Adult Education Program offers free classes to adults (21 and over) to prepare you to take the exam. Call 607-433-3645 for more information.



Baking Math for Families and Young Children

- Pick an ingredient you have read about with your child
- Choose a recipe with simple ingredients and 1, 2, 3, directions
- Read the recipe, top to bottom
- Ask, "What ingredient is used in the smallest amount? The largest?"
- Find each ingredient and place it on the counter
- Measure and bake the same-sized portions
- Talk about fractions (measuring cups and spoons)

Source: NAEYC Resources for Families



Library Story Programs

Huntington Memorial Library: 607-432-1980

Tues, Wed, Thurs: 9:30-10:15 / Tues & Wed: 3:30-4:30

* Register online at Eventbrite.com

Richfield Springs Public Library: 315-858-0230

Fridays 11:00

Springfield Library:

315-858-5802

Wednesdays 10:00-11:00

Cooperstown Village Library:

607-547-8344

Wednesdays 10:30-11:30 *for Preschoolers

Kinney Memorial Library: 607-293-6600

Mondays 10:30





Halloween Safety Tips

- Plan costumes that are bright and reflective.
- Keep costumes short to prevent tripping.
- Consider non-toxic makeup instead of masks.
- Decorative hats should fit snugly.
- An adult should accompany young children.
- Only go to homes with a porch light on.
- Never enter a home or car for a treat.
- Wait until you get home to examine and eat treats.

Source: <https://www.aap.org/en-us/about-the-aap/aap-press-room/news-features-and-safety-tips/Pages/Halloween-Safety-Tips.aspx>



AJ Read Science Discovery Center

Visit this **FREE** hands-on museum that features self-guided science fun for all ages

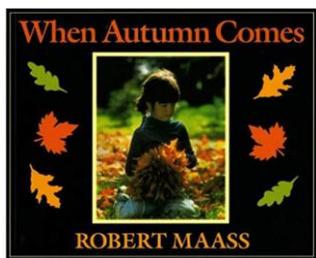
Location: SUNY Oneonta, Physical Science building

Parking: Get a free pass from Center's main desk (no pass needed during summer hours)

Hours: Wed-Fri: 10am-5pm

Sat: 10am-3pm

Phone: 607-436-2011



Fall Books

Fall is a wonderful time to share new books with your children! Look for these books and others at your local library.



FREE Drop-in day care for children, 6 weeks to 12 years
 Open 9:00 AM to 4:30 PM every day court is in session
 Closed for lunch 12:30 PM to 1:00 PM
 P: 607-322-3139 | W: www.ofoinc.org
 197 Main Street, 2nd Floor, Cooperstown, NY 13326

OFO's mission is to be the leader in developing innovative solutions that promote healthy lives, thriving families, and caring communities.



Have a Plan

- Identify two ways out of every room.
- Choose a meeting place outside your home.
- Practice this plan with your children.
- Never go back inside a burning home.
- Keep children 3 feet away from things that get hot.
- Keep smoking materials locked up in a high place.
- Never play with lighters or matches near children.

Source: <https://www.usfa.fema.gov/prevention/outreach/children.html>

